

Ira S. Halper, M.D.

1725 W Harrison Suite 958, Chicago IL 60612
Phone (312)226-0300 / Fax (312)942-3070

Education

1953-1956	Northwestern University, B.A. in Biology
1956-1960	Northwestern University Medical School, M.D.
1960-1961	Michael Reese Hospital, Rotating Internship
1961-1964	University of Illinois Neuropsychiatric Institute, Psychiatry Residency

Professional Experience

1964-1968	Assistant Director, Psychiatry Clinic University of Illinois Neuropsychiatric Institute
1977-1981	Director, Continuing Education, Department of Psychiatry, Rush-Presbyterian-St. Luke's Medical Center
1981-1994	Director, Cognitive Therapy Program, Department of Psychiatry, Rush-Presbyterian-St. Luke's Medical Center
1995-present	Director, Cognitive Therapy Center, Department of Psychiatry, Rush University Medical Center
1964-present	Private Practice

Hospital Positions

1964-present	Attending Psychiatrist, Rush University Medical Center
--------------	--

Faculty Appointments

1964-1971	Instructor, Assistant Professor, Clinical Assistant Professor of Psychiatry, University of Illinois College of Medicine at Chicago
1971-present	Assistant Professor of Psychiatry, Rush University

License

Illinois	036-037465
----------	------------

Ira S. Halper, M.D.

Certification

October, 1967	Psychiatry, American Board of Psychiatry and Neurology
November, 2003	Academy of Cognitive Therapy

Professional Societies

- Academy of Cognitive Therapy
- American Association for the Advancement of Science
- American Medical Association
- American Psychiatric Association
- American Psychosomatic Society
- American Society of Clinical Psychopharmacology
- Association for Behavioral and Cognitive Therapies
- International Association for Cognitive Psychotherapy

Honors

1988	Fellow, American Psychiatric Association
2010	Fellow, Academy of Cognitive Therapy

Ira S. Halper, M.D.

Publications

1. Kuhl WJ, Halper IS, Dowben RM. Thyroxine and triiodothyronine turnover studies in dystrophia myotonica. *J Clin Endocr.* 1961;21:1592-1595.
2. Halper IS. An occult conversion reaction superimposed on a facial nerve lesion. *Psychosomatics.* 1966;7:311-314.
3. Halper IS. Psychotropic drugs. *Illinois Med J.* 1968;133:37-42.
4. Halper IS. The counterpoint of racial and oedipal themes in the psychotherapy of a Negro patient. *Psychoanal Rev.* 1970;57:169-180.
5. Halper IS. Psychiatric observations in a chronic hemodialysis program. *Med Clin N Amer.* 1971;55:177-191.
6. Armbruster KFW, Rahn AC, Ing TS, Halper IS, Oyama JH, Klawans HL. Amantadine toxicity in a patient with renal insufficiency. *Nephron.* 1974;13:183-186.
7. Halper IS. Psychiatric complications. In:Goldin M, ed. *Intensive Care of the Surgical Patient.* 2nd ed. Chicago, IL: Chicago Year Book; 1981:219-235.
8. Chor PN, Mercier MA, Halper IS. Use of cognitive therapy for treatment of a patient suffering from a bipolar affective disorder. *J Cog Psychoth.* 1988;2:51-58.
9. Young MA, Halper IS, Clark DC, Scheftner WA, Fawcett JA. An item-response theory evaluation of the Beck Hopelessness Scale. *Cog Ther Res.* 1992;16:579-587.
10. Halper IS, McHolland JD, Polk G. Responding to a suicidal crisis. In:Clark DC, ed. *Clergy Response to Suicidal Persons and Their Family Members.* Chicago, IL: Exploration Press; 1993:47-57.
11. Halper IS, Burton LA, Kleinman EA, Rubey CT. Depression and the soul. *J Rel Health.* 1996;35:311-319.
12. Halper IS, D'Agostino AM, Young MA, Rogers, RL. A Physician-Owned-and-Operated Behavioral Managed Care Company. *Psychiatric Services.* 1998;49:427-442.
13. Halper IS, Bolton AR, Liberal Judaism. In:Dowd ET, Nielsen SL, eds. *The Psychologies in Religion, Working with the Religious Client.* New York, NY: Springer Publishing Co.; 2006:189-202.

Ira S. Halper, M.D.

Presentations

1. "The Use of Cognitive Therapy Alone and With Medication in a Clinical Setting," presented at New Horizons in Cognitive Therapy, a conference at Rush-Presbyterian-St. Luke's Medical Center, Chicago IL, April 8, 1988.
2. "Cognitive Therapy for Personality Disorders: Clinical Demonstration, Commentary and Discussion," discussant, a conference at CPC Old Orchard Hospital, Chicago IL, April 29, 1992.
3. "The Depressed Congregant: Three Pastoral Responses to a Case Vignette," moderator, Depression and the Soul, a conference organized by the Department of Psychiatry, Rush-Presbyterian-St. Luke's Medical Center at Temple Shalom of Chicago, Chicago IL, October 26, 1994.
4. "Behavioral Health Systems: A Physician-Owned and Operated Managed Care Company," presented at the annual meeting of the American Academy of Clinical Psychiatrists, Fort Lauderdale, FL, October 11, 1996.
5. "Quality Improvement," presented at How to Start a Psychiatrist-Owned and Operated Managed Behavioral Health Organization, a conference organized by Behavioral Health Systems, Inc. at the Drake Hotel, Chicago IL March 12, 1999.